

House Cookery Competition

Upper School Brief – Open to ALL students in years 11, 12 and 13.
Preparation and cooking time 1 hour 30 minutes.

Home Alone

To make a main meal or dessert of your choice which you would make for yourself if you were left at home on your own. It will be presented for judging in your own appropriate containers with accompaniments.

You will be marked using the following criteria

Workmanship /10	Creativity & presentation /10	Composition, taste and flavour /10	Dish/ menu balance /10	Total Score /40
--------------------	-------------------------------------	--	---------------------------------	--------------------

Competitors will be provided with an apron, but they will need to bring their own tea towel.

There will be spices, oils etc for you to use in school, but you should provide any other ingredients.

All washing up and tidying away needs to be completed within the 1½ hours.

You will be expected to provide your own suitable dishes and materials so that your work can be presented appropriately for judging.

Recipe idea : Name with a description

Ingredients list with quantities

I should be chosen for the Cook-off on Friday 23rd March because

