



**St George's School**  
**PERSONAL, SOCIAL & HEALTH EDUCATION**  
**Year 11 Curriculum Map**

|   | Unit 1  | Unit 2  | Unit 3  | Unit 4  |
|---|---|---|---|---|
| <b>THE BIG IDEAS &amp; KNOWLEDGE</b><br><i>Overview of topics or key questions</i>          | <b>Living in the Wider World</b><br>Insta life vs Real life<br>Exam stress, relaxation and sleep<br>LGBTQ+ rights across the world  | <b>Relationships and Sex</b><br>Alcohol and bad choices<br>Importance of sexual health<br>Revisiting contraception and STDS   | <b>Health and Wellbeing</b><br>Teenage pregnancy and abortion<br>Parenthood<br>Love and Abuse   | <b>Celebrating Diversity and Equality</b><br>Windrush<br>Challenging Islamophobia<br>Multicultural Britain  |
| <b>SKILLS &amp; STRATEGIES</b><br><i>Procedural knowledge, literacy and numeracy skills</i> | <ul style="list-style-type: none"> <li>Recognise the impact of social media influences on society</li> <li>Strategies for improving self esteem</li> <li>Understand what short term and long term stress looks like</li> <li>Explore the work of LGBTQ+ activists on the international community</li> </ul> | <ul style="list-style-type: none"> <li>Explore alcohol abuse and drink spiking and the risks associated with both</li> <li>Explore common myths about pregnancy and fertility</li> <li>Explore which forms of contraception protect against pregnancy, STI's or both</li> </ul> | <ul style="list-style-type: none"> <li>Understand the consequences of an unplanned pregnancy</li> <li>Evaluate the impact parenthood has on teenagers</li> <li>Describe a positive and healthy relationship</li> <li>Identify where to turn to for help with abusive relationships</li> </ul> | <ul style="list-style-type: none"> <li>Explore what is meant by the 'Windrush Generation'</li> <li>Consider how the government and legislation are attempting to combat different forms of discrimination</li> <li>Understand the recent history of migration to Britain</li> </ul> |
| <b>FEEDBACK</b>   | Topic Self-Assessment   | Topic Self-Assessment   | Topic Self-Assessment   | Topic Self-Assessment   |
| <b>BREADTH</b><br><i>Opportunities, trips, wider reading, cultural capital</i>              | Extensions:<br><a href="#">The Fight Flight Freeze Response</a><br><br><a href="#">'Influencers' - creator economy's dark side</a><br><br><a href="#">LGBTQ rights are around the world</a><br><br><a href="#">London Pride parade: History of gay rights in the UK - CBBC Newsround</a>                    | Extensions:<br><a href="#">shark-tank-tiktok-drink-spiking-law-uk-figures</a>   | Extensions:<br><a href="#">Juno</a><br><br><a href="#">Abused-by-my-girlfriend</a>  | Extensions:<br><a href="#">10 things you might not know about the Windrush</a><br><br><a href="#">Windrush-sitting-in-limbo</a><br><br><a href="#">How-the-other-kids-live</a>  |
| <b>KEY VOCABULARY</b><br><i>Important words and phrases</i>                                 | Social Media<br>Influencer<br>Media wellness<br>Stress<br>Relaxation<br>Activism<br>Homosexuality<br>Criminalisation  | Alcohol abuse<br>Drink spiking<br>Sexual health<br>Fertility<br>Pregnancy<br>STI's<br>Contraception   | Unplanned pregnancy<br>Abortion<br>Parenthood<br>Abuse  | Windrush<br>Islamophobia<br>Legislation<br>Discrimination<br>Diversity<br>Migration<br>Multiculturalism   |