



St George's School
PERSONAL, SOCIAL & HEALTH EDUCATION
Year 7 Curriculum Map

	Autumn	Spring	Summer
THE BIG IDEAS & KNOWLEDGE <i>Overview of topics or key questions</i>	Health and Wellbeing Key Questions <ul style="list-style-type: none"> What is the biggest pressure you think you will face at school? What are the best ways to stay healthy? How can YOU look after YOU? Topics Opportunities when you start a new school Healthy Bodies Puberty Healthy Minds Alcohol and Smoking Health Risks Online Gaming Risks	Relationships and Sex Key Questions <ul style="list-style-type: none"> What makes a good relationship? How important is respect in a relationship? How can you be confident about who you are and your decisions? Topics Boundaries Respectful Relationships Qualities of a good friendship Managing our friendships Coping with Peer Pressure What does it mean to be a 'man' in 2021?	Living in the Wider World Key Questions <ul style="list-style-type: none"> What future choices are you making now? How can you get ready for work? How can you positively impact the world around you? Topics What are my skills? What is my dream job? What does success look like to me? What does it mean to be enterprising? Rights in a workplace Influencing the world around us
SKILLS & STRATEGIES <i>Procedural knowledge, literacy and numeracy skills</i>	Recognise how to keep our emotions in balance Understand how to celebrate our personal strengths and achievements Evaluate the balance of our own diet Opportunities to practice and develop the skills of: debate, empathy, self-reflection, listening, articulating own opinion and values.	Recognise our own boundaries and how to protect them. Understand how to recognise and handle unhealthy relationships. Skills to handle situations in an assertive way, and tools to cope with peer pressure. Opportunities to practice and develop the skills of: debate, empathy, self-reflection, listening, articulating own opinion and values.	Develop and understand importance of communication skills Use 'Talking Jobs' website and 'Unifrog' Debate importance of 'Success' Develop and understand importance of creativity P4C activity (Philosophical Debate) Independent Research Activity
FEEDBACK <i>Noteworthy tasks and assessments</i>	Topic Self-Assessment	Topic Self-Assessment	Topic Self-Assessment Students create and design their own company with a product, vision and branding that represents their values.

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<p>BREADTH <i>Opportunities, trips, wider reading, cultural capital</i></p>	<p>Friday 5 Presentations: ‘The Power of Words’ Unconscious Bias Safe use of mobile phones Sexual Harassment</p> <p>Extension: Talking about things that matter to young people - Rise Above</p> <p>Gaming - Childnet Online Safety for Children - Tips & Guides NSPCC</p> <p>Selection of fiction books for students on Secondary transition Secondary school transition BookTrust</p>	<p>Friday 5 Presentations: ‘Who can I talk to?’ Mental Health awareness Growth Mindsets, Change, Habits and Organised learning</p> <p>Extension: Talking about things that matter to young people - Rise Above</p> <p>Read ‘Wonder’ by R J Palacio</p> <p>Read ‘What is masculinity? Why does it matter? And other big questions’ What is Masculinity? Why Does it Matter? And Other Big Questions BookTrust</p>	<p>Friday 5 Presentations: Team building ‘Growing Up’ Talk Careers Quiz</p> <p>Extension: Talking about things that matter to young people - Rise Above</p> <p>Watch ‘Bend it like Beckham’ Watch ‘The Nine to Five with Stacey Dooley’ Read ‘Fearless. How to be your true confident self’ by Liam Hackett Read ‘You must be Layla’ by Yassmin Abdel-Maguid Read ‘Hope in a ballet shoe’ by Michaela and Elaine De Prince</p>
<p>KEY VOCABULARY <i>Important words and phrases</i></p>	<p>Opportunities Hopes Fears Worries Expectations Choice Problems Positivity Optimism Grooming Addiction Online safety Fake profiles Puberty Smoking Alcohol</p>	<p>Consent Self-esteem Boundaries Peer Pressure Coercion Resilience Banter Masculinity Diversity Online friends Cyberbullying</p>	<p>Goals Aspirations Success Value Enterprising Workplace Rights</p>