



# LUNCH MENU, WEEK THREE, SPRING 2024


**MONDAY**
**TUESDAY**
**WEDNESDAY**
**THURSDAY**
**FRIDAY**

## LUNCH ITEMS AVAILABLE DAILY INCLUDE:

**FRESH SANDWICHES, JACKET POTATOES WITH BEANS AND CHEESE, PASTA & SAUCE, SALAD BAR WITH A DAILY SELECTION & HOMEMADE SOUP OF THE DAY**

**Chilli con  
Carne  
Nachos  
Mixed  
Vegetables  
Sweet  
Potato  
Mash  
Topped  
Vegetable  
Pie (V)**

**Chicken  
Fajita in a  
Flour  
Tortilla  
Peppers &  
Onions  
Vegan  
Jambalaya  
(V)**

**Beef  
Stroganoff  
Steamed  
Rice  
Stir Fried  
Veg  
Spicy Root &  
Lentil  
Casserole  
(V)**

**Breaded  
Chicken  
Goujons  
Chips  
Beans or  
Peas  
Vegan  
Nuggets (V)  
Lentil Ragu  
& Courgetti  
(V)**

**Jerk  
Chicken  
Legs  
Steamed  
Rice  
Cauliflower  
& Broccoli  
Vegetable  
Enchiladas  
(V)**

## DESSERT

### **DAILY SELECTION OF HOMEMADE SPONGE CAKES**

**Apple & Pear  
Crumble**

**Ginger  
Bread**

**Lemon Lush**

**Chocolate  
Sponge**

**Raspberry  
Custard  
Kuchen**

*Here at St. George's School we have a 'No Nut' policy, however some ingredients may contain traces of nuts because of the environment in which they are manufactured.*

*If you have any specific dietary requirements or are unsure about any products, please ask a member of the Catering Team.*