



'Why do I have to nag to get my children and teenagers to do as they're told?'

'Why is it that the more I tell them off, the more they argue?'

'Am I doing OK as a parent? Why doesn't my family life just feel more FUN?'



That's

The Parenting Puzzle!

A funded* 9 week 'Nurturing Programme' course for parents and carers of children aged 5 to 15

The programme is developed to help parents feel confident and in control, and can help you transform family life.

Fridays 20th September to 29th November 2019 9:30am -12.00pm Sauncey Wood School, Harpenden

Contact us via the email address below to book a place <u>dmarsden@saunceywood.herts.sch.uk</u> or call 01582 623676 for more information.

*This course requires attendees to purchase a book to accompany the programme at a cost of £15. This is funded for families on a low income.

There is a £50 course fee if your child does not attend a Harpenden Plus Partnership school List of partnership schools: Beech Hyde, Crabtree schools, Grove schools, Harpenden Academy, High Beeches, Kimpton, Lea, Manland, Redbourn Schools, Roundwood Park, Roundwood Primary, Sauncey Wood, Sir John Lawes, St Dominic, St George's, St Helen's, St Luke's, St Nicholas, Wood End